

## **ROAD SAFETY WEEK** **SAFETY TIPS FOR PEDESTRIANS**

The most important safety tip to reduce pedestrian injuries and fatalities is to pay attention. You can significantly reduce your chances of being in a collision with a motor vehicle by obeying traffic rules and being aware of dangers posed by cars in your vicinity. Make eye contact with drivers if possible and make sure that they can see you.

### **Pedestrians must :**

1. Where possible, avoid walking next to the curb with your back to the traffic. If you have to step into the road, look both ways first.
2. Young children should not be out alone on the pavement or road. When taking children out, walk between them and the traffic and hold their hands firmly. Strap very young children into push-chairs or use reins.
3. Always walk on the footpath, they are meant for you. Where there is no footpath, walk in the right side margin of the road so that you can see the traffic coming in the opposite direction.
4. Cross roads where there are pedestrian crossings. They have been painted at great cost for your convenience.
5. Where there are no pedestrian crossings, watch the traffic on both sides and cross when it is safe.
6. Do not read newspapers or look at hoardings while walking on the road.
7. Do not greet friends on the road. Take them to the footpath or the side margin.
8. Do not come on to the main road while waiting for a bus. Stay on the footpath at earmarked bus stoppage.
9. Do not run after a moving bus. Follow safety rules on the road and live long.
10. You **MUST NOT** get on to or hold on to a moving vehicle.
11. Don't "Drink and Walk." If you've been drinking, take a cab or a bus, or let someone sober drive you home.
12. When walking at night, wear retro-reflective outdoor clothing or shoes or lights to make you more visible. Avoid wearing dark clothing.
13. At all crossings. When using any type of crossing you should always check that the traffic has stopped before you start to cross. Always cross over the zebra markings. Do not cross at the side of the crossing or on the zig-zag lines, as it can be dangerous. You **MUST NOT** loiter on zebra crossings.

**We must follow the six-step crossing code whenever we have to cross the road :**

**1. THINK**

What is a safe place to cross? Where can I see all the traffic properly? Make sure you are not hidden behind a parked car.

**2. STOP**

At the edge of the road where you have decided to cross.

**3. LOOK and LISTEN**

Look both ways, many times, to see if there is any traffic coming.

**4 . WAIT**

For all the traffic to pass, and for road to be clear

**5. CROSS**

Walk straight across the road.

**6. KEEP LOOKING and LISTENING**

Keep looking in all directions as you cross the road until you get to the other side.